



Preshona Ambri

Actress, Artist, Writer, Teacher

Preshona is an East Bengali-American born in East Asia, in Kolkata, West Bengal. She immigrated to the U.S., to Baltimore, Maryland, when she was 4 years old. Growing up in various neighborhoods of different cultures and incomes both within and outside of the U.S. (East Oakland, CA; East San Jose, CA; Southeast & Northeast DC; PG County, MD; Howard County, MD; San Salvador, El Salvador; Nogales, Mexico) Preshona became a passionate educator, performer, and activist. In 2011, she started the One Love Movement with fellow youth workers to spread co-operative economics, education and positive culture in and with communities of color. Preshona loves to support folks passionate about the same:) Currently she is launching P.O.C-centered homeschool curriculum on www.iamsunschool.com. She is known to be pretty quirky and oftentimes hilarious, always chill, kind and passionate at the same time. Currently she is co-writing and directing a sit-com project called "[How to Be Brown Like Me](https://www.instagram.com/how2bebrownlikeme)" based on her personal blog - airing on Instagram this season - about the lives of herself and her friends from Baltimore, DC, and the Bay Area, California. She is pretty much pretty awesome.

Acting-Related Skills:

Accents, Emotional Sponge, Versatility, Takes Direction, Team Player, Writing, Co-Directing, Photography, Languages: English, Spanish & Bengali

Acting/Performing Experience:

- Writer/Director/Lead Actress, *@How2BeBrownLikeMe* [2017-Present] Instagram Series
- Lead Actress, *HerStory*, *Love Forever*, *HipHop* [2019] Kennedy Center
- Lead Actress & Ensemble, *Enough* [2018] Kennedy Center, The ARC
- Lead Actress & Songwriter, *East of the River*, 2018 Anacostia Arts Center
- Supporting Actress, *LoveDotCom*, 2018 LionsGate Films, IMDB credited
- Lead Actress, *Black Air*, 2017 Web-Series
- Performance Poet (+Some Vocals, Various Venues 2009 - 2017)
- Improv Actress, *Black Gold Theatre Co.* [2015-2018]
- Writer/Actress/Improv Actress, *Sizzle* [2016]
- Writer/Director, *Color Blindness in America* [2014]
- Lead Actress, *BabyMommaMania* [2012]
- Lead Actress, *Sexcapades* [2011] Featured in Black Theatre Fest]
- Lead Actress, *An Indian Girl's Dream* [1999] Short Film by Andy Betzer
- Director/Actress, *Teatro Campesino* [2007]

Social Media (since 2017):

Preshona Ambri @thisbrowningyal